2025 - 26 SKI TEAM INFORMATION

Coaches

Jacqui Monahan – Head Coach Steve Lantz – Assistant Coach Maggie Settle – Assistant Coach Dean Fagan – Assistant Coach



Commitment

- Dryland / Conditioning: Mondays & Wednesdays November 17th February 18th
- On-hill Training: Thursday nights starting January 8th
- Winter Camp: December 13 14 (Snow pending)
- Team Overnight: February 14 16 in Black Butte for Hoodoo race
- 7 Races: 1 fun race (non-scored) and 6 league races
- State Championship Race: Continued training from February 23 March 3 and the race March 4 - 6 at Hoodoo for qualifying racers

Transportation

- Dryland at school (4:45 6:15 Mondays & 3:45 5:15 Wednesdays) no transportation
- Thursday Night training at Meadows (2:30 10:00ish) bus provided to and from school
- Friday / Sunday races bus provided to and from school
- Winter Camp bus provided to and from school
- Overnight / Hoodoo race bus provided round trip from school Saturday Monday with transportation from lodging to mountain
- State Transportation TBD

Parent Volunteers

Two volunteer days are required by all families. This does not cover all positions needed to operate the ski team. If you are interested in getting involved with one of open positions below, please contact Andrea. We will send SignUpGenius invites for all volunteer opportunities later in November.

Season Parent Volunteer Positions:

Head Parent Rep: Andrea Brennan

Treasurer: Peter Brennan

Overnight Coordinator: Kelsey Langley / Brett Dodson

Volunteer Coordinator: OPEN

End of Year Party Coordinator: Danielle Massari + Stef Fogarty

Head of Concessions: Dan + Jessica Dunn

Ski Swap Lead: Larry Thompson / Successor: Audra Galler

We NEED and SURVIVE because of parent volunteers. And we can't say THANK YOU enough! There are many positions in the league open as well as the opportunities to help on our team. Even if you don't ski there are still things that you can help with. We ask that each family commit to volunteering at least twice for our team. At the end of the day, I ask you to please support your child. I realize you can't always make it to the mountain every race day but please try to attend a few races. It really does mean the world to them to have you up there supporting and cheering them on!

Cost:

Season Pass (Meadows All Access): \$719 as of late October 2025

Additional race / training tickets: Racer ticket pricing for Skibowl and Hoodoo are TBA.

Team Fees: \$300

LHS Winter Athletic Fee: \$350

Team Jacket (optional): \$250 (Columbia shell with built-in puffy)

Team Puffy (optional): \$150

Additional Costs: State expenses (if applicable)

Required Gear: See list below

Registration:

View the registration checklist at lakeridgeskiteam.com for the full list of required forms, waivers, and fees.

Required Gear:

Clear goggles and tinted goggles (this is very important for night training safety)

Helmet (must meet 2013 FIS standard and have a silver sticker on the back – do not wait until the last minute to order this!)

Skis

Poles

Boots (please spend time getting properly fit. Also spend time in them before getting on the snow – it will make day 1 much more pleasant!)

Apparel – Jacket, pants (zip off recommended if wearing a race suit), gloves, base layer, ski socks

Recommended Gear:

Race suit

Slalom protective gear (pole, chin, and shin guards)

Discipline specific skis

Please email LAKERIDGESKITEAM@GMAIL.COM if you have any more questions.

FIS certified helmet sticker:

