

2026 – 27 SKI TEAM INFORMATION



Coaches

Jacqui Monahan – Head Coach
Steve Lantz – Assistant Coach
Maggie Settle – Assistant Coach
Dean Fagan – Assistant Coach
Greg Tansey – Assistant Coach

Commitment

- Dryland / Conditioning: Mondays & Wednesdays November 16th – February 17th
- On-hill Training: Thursday nights – starting January 7th
- December Training: Dec. 12th & Dec. 19th (Snow pending)
- Team Overnight: February 11 – 13 in Packwood, WA for White Pass race
- 7 Races: 1 fun race (non-scored) and 6 league races
- State Championship Race: Continued training from February 22 – March 3 and the race March 4 - 6 at White Pass for qualifying racers

Transportation

- Dryland at school (4 – 5:30 Mondays & Wednesdays) – no transportation
- Thursday Night training at Meadows (2:30 – 10:00ish) – bus provided to and from school
- Friday / Sunday races – bus provided to and from school
- December training – bus provided to and from school
- Overnight / White Pass race – bus provided round trip from school Thursday – Saturday with transportation from lodging to mountain
- State – Transportation TBD

Parent Volunteers

Two volunteer days are required by all families. This does not cover all positions needed to operate the ski team. If you are interested in getting involved with one of open positions below, please contact Andrea. We will send SignUpGenius invites for all volunteer opportunities later in November.

Season Parent Volunteer Positions:

Head Parent Rep: Andrea Brennan
Treasurer: Peter Brennan
Volunteer Coordinator: OPEN
End of Year Party Coordinator: OPEN
Ski Swap Lead: Larry Thompson / Successor: Audra Galler

We NEED and SURVIVE because of parent volunteers. And we can't say THANK YOU enough! There are many positions in the league open as well as the opportunities to help on our team. Even if you don't ski there are still things that you can help with. We ask that each family commit to volunteering at least twice for our team. At the end of the day, I ask you to please support your child. I realize you can't always make it to the mountain every race day but please try to attend a few races. It really does mean the world to them to have you up there supporting and cheering them on!

Cost:

Season Pass (Meadows All Access): \$769 as of late October 2026

Additional race / training tickets: Racer ticket pricing for Skibowl, Timberline and White Pass are TBA.

Team Fees: \$300

White Pass Overnight: \$100 (pending additional fundraising)

LHS Winter Athletic Fee: \$360

Team Jacket (optional): \$315 (Stio Environ shell jacket)

Team Hooded Puffy (optional): \$200 (Stio Pinion down hooded jacket)

Team Lightweight Down Jacket (optional): \$175 (Stio Dawner hooded jacket)

Additional Costs: State expenses (if applicable)

Required Gear: See list below

Registration:

View the registration checklist at lakeridgeskiteam.com for the full list of required forms, waivers, and fees.

Required Gear:

Clear goggles and tinted goggles (this is very important for night training safety)

Helmet (must meet 2013 FIS standard and have a silver sticker on the back – do not wait until the last minute to order this!)

Skis

Poles

Boots (please spend time getting properly fit. Also spend time in them before getting on the snow – it will make day 1 much more pleasant!)

Apparel – Jacket, pants (zip off recommended if wearing a race suit), gloves, base layer, ski socks

Recommended Gear:

Race suit

Slalom protective gear (pole, chin, and shin guards)

Discipline specific skis

Please email LAKERIDGESKITEAM@GMAIL.COM if you have any more questions.

FIS certified helmet sticker:

If your helmet does not have this sticker, you will not be allowed to train or race Giant Slalom.

